

MENU WEEK 3

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Breaded Chicken, Wedges & Beans (Contains)	Chicken Fried Rice, Spring Roll & Curry Sauce (Contains Gluten)	Beef Casserole, Yorkshire Pudding & Mashed Potato (Contains,Gluten,Egg,Milk)	Minced Beef Pie, New Potato, Carrots & Gravy (Contains Gluten,)	Fishfingers, Chips & Beans (Contains Gluten,Egg,Fish)
Quorn Sausage, Wedges & Beans Contains (Gluten, Mustard)	Veg Lasagne, Garlic Bread & Sweetcorn (Contains Gluten, Milk)	Veggie Sausage Casserole, Yorkshire Pudding & Mashed Potato (Contains Gluten,Milk,Egg,Soya)	Vegetarian Bake, New Potatoes, Carrots & Gravy (Contains Gluten,Egg,Milk)	Veggie Burger, Chips & Beans (Contains Gluten,Egg,Milk)
Treacle Sponge & Custard (Contains Gluten,Milk,Egg) Or Fruit Pot & Yoghurt (Contains Milk)	Chocolate Brownie & Custard (Contains Gluten,,Milk Egg Or Fruit Pot & Yoghurt (Contains Milk)	Lemon Sponge & Custard (Contains Gluten, Milk Egg) Or Fruit Pot & Yoghurt (Contains Milk)	Shortbread & Custard (Contains ,Milk Egg) Or Fruit Pot & Yoghurt (Contains Milk)	Chocolate & Vanilla Mousse (Contains Milk) Or Fruit Pot & Yoghurt (Contains Milk)
Jacket Potato Cheese, Beans Or Tuna & Salad (contains Gluten Milk Egg	Jacket Potato Cheese, Beans Or Tuna & Salad (contains Gluten Milk Egg	Jacket Potato Cheese, Beans Or Tuna & Salad (contains Gluten Milk Egg	Jacket Potato Cheese, Beans Or Tuna & Salad (contains Gluten Milk Egg	Jacket Potato Cheese, Beans,Tuna Or Bolognese & Salad (contains Gluten Milk Egg
Sandwiches & Wraps Cheese, Tuna,Chicken Ham or Egg Mayonnaise Contains Gluten Milk Egg	Sandwiches & Wraps Cheese, Tuna,Chicken Ham or Egg Mayonnaise Contains Gluten Milk Egg	Sandwiches & Wraps Cheese, Tuna,Chicken Ham or Egg Mayonnaise Contains Gluten Milk Egg	Sandwiches & Wraps Cheese, Tuna,Chicken Ham or Egg Mayonnaise Contains Gluten Milk Egg	Sandwiches & Wraps Cheese, Tuna,Chicken Ham or Egg Mayonnaise Fresh Fruit & Veg Sticks Contains Gluten Milk Egg